

A group of people, mostly young adults, are walking away from the camera through tall, dry grass. They are heading towards a large, dark wooden building in the background. The sky is bright blue with some white clouds. On the left side, there is a pile of logs or branches covered with a yellow tarp. The overall scene suggests a mission trip or a group hike in a rural or wilderness area.

BELIEF IN MOTION - PROJECT 127

GETTING PREPARED

M I S S I O N T R I P G U I D E

LIVING A PASSIONATE LIFE FOR CHRIST IS
PUTTING YOUR BELIEF IN MOTION

W E L C O M E

*Religion that is pure
and undefiled before
God, the Father, is
this: to visit orphans
and widows in their
affliction, and to keep
oneself unstained from
the world.*

James 1:27



We are so excited that God has led you to come to Romania to serve HIM on mission. Our prayer is that this is more than a trip, but an opportunity that God uses so that you will never be the same in HIM. This catalogue has been developed to help you get ready for the trip spiritually, logistically, and financially.

We are humbled to serve a Holy God and feel blessed to share His Gospel throughout the world. We cannot wait to share with you, in person, what God is doing in Romania. Our prayer is that God will send people here that are passionate about God, willing to expand their view of Him, ready to be used through the Holy Spirit's leading, and prayerful in all that they do.

We have outlined a process for coming on a trip to Romania along with some general details in this packet. If you are coming with a group, please designate one person as the contact person. Individuals coming alone may work directly with missiontrips@beliefinmotion.org. Once your trip has been confirmed, you will receive information that pertains specifically to your time in Romania. This initial packet contains general information for all mission trips.

Please let us know if you have any questions or comments throughout this process. We await and are in prayer for your time in Romania.

For HIS Glory,
Aaron & Robin Bruski

TIMELINE

1

- Pray and seek God's guidance on your decision to come to Romania.
- Contact Belief in Motion or your team leader to let them know of your interest in going.
- Belief in Motion will let you know the dates available as well as the estimated cost.

2

- The team leader should email the completed Missionary Team form to Belief in Motion to reserve the date of the mission trip along with mailing a \$250 non-refundable deposit for every team member at least 6 months prior to the trip. All money should be submitted to your leader, church or organization and sent to BIM as ONE check.
- Belief in Motion will email you a mission trip preparation guide. Please read this thoroughly and email if you have any questions.

3

- The team leader should mail in \$1,150 payment for every team member in ONE check at least 3 months prior to your trip.
- Belief in Motion will email the team leader materials to use for team meetings. It is suggested that you meet monthly starting in January for prayer and preparation.

4

- The team leader should mail in the remainder payment due for every team member in ONE check at least 4 weeks prior to your trip.
- Team meetings may need to happen more often as your departure date nears.

5

- Depart for ROMANIA!
- You will arrive in Budapest where a driver will meet you to bring you 4 hours to Sintelec, Romania.
- You will spend a packed-full week being the hands and feet for the Gospel..

6


- Meet as a team to reflect upon how you can continue being involved with Belief in Motion from the U.S.

Contact Information

International
Aaron Bruski
58/59 Strada Principala
Sintelec, Comuna Hidiselu de Sus
Bihor, Romania 417278

bruskiromania@msn.com

U.S.
Belief in Motion
P.O. Box 2013
Loganville, GA 30052



You Are Not A Tourist

Tourists are usually self-centered. They have come to get their money's worth in sights and sounds. They want to be comfortable and pampered. You are a missionary! You represent the King of Kings. You should act like Jesus did when He "became a servant" to lead men and women to His Father. Humble yourself. You have traveled to Romania to serve – not to be served; to love – not to be loved; and to be humble – not to exalt yourself. Romanians will automatically think of you as a missionary. They expect the same conduct and witness from you as they do a long-term missionary. You are a guest. Be grateful and be appreciative. Don't complain. Look for opportunities to help, no matter how menial the task.

Avoid a superior attitude. Do not talk about how great things are in the U.S. Assume that Romanians have figured out the best way of doing things from the options available to them. Avoid saying, "You should do it this way;" That works at home, likely is not available in Romania or doesn't work in their culture. Understand that legal processes take a long time and things just aren't ran the same way as in the states. Remember, your comments to your team members can be heard by Romanians. Some people will understand more English that you think. Do not judge the way the people live, for example, many do not have access to running water so they may not be clean. Love them like Jesus loved the leper, grab their hand, hug them, hold them, kiss them and do not be afraid of germs or catching something from them. They are people and Christ loves them and you should love them too, no matter their conditions.

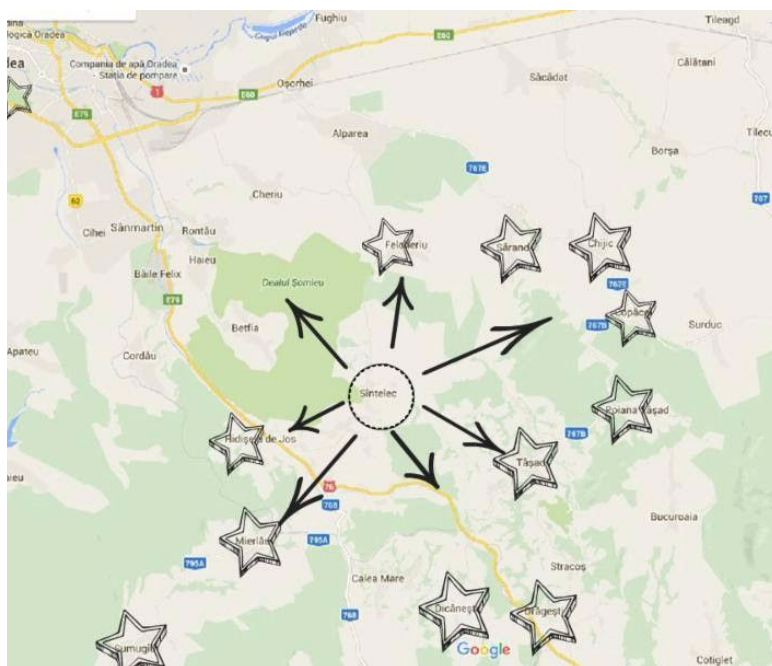
Work hard to understand the culture. Ask questions. Be outgoing. Be appreciative of the time the Romanians give you. There is a lot to learn from the people of Romania! In addition, do not judge the way that the long-term missionaries are doing things. They have been doing this for some time now, and they know the best way of doing things because of their understanding of the culture and resources available to them. Instead, encourage them in their work. Missionary life is difficult and lonely. Make the most of the time you have with them and work with them, not against them. Pray for the missionaries and the people you will meet. Help them out by going the extra mile.





You will be staying near Oradea, Romania, which is just over the Hungarian border on the western side of the country. Oradea is the 10th largest city in Romania and is home to more than 250,000 people. The city is quite modern and is very safe.

We will spend much of our time ministering and working in nearby villages and some in the city. There is a distinct difference between the city and the village life. The villages are VERY rural; most homes do not have indoor plumbing and some do not have electricity. The people typically live off the land and do most of the work by hand. Many live on less than \$1.00 per day. The City is quite modern and even has 2 McDonalds. Many residents live in apartment buildings that are gray and somewhat dreary and leave a reminder of communism.



Romania was under the rule of communism until 1989. Romania joined the European Union in 2007 creating new laws and more freedoms for the Romanian people. The remnants of communism are still visible and the long lasting effects still linger in many lives today.

During the communist regime, the state mandate religion was Greek Orthodox, which was put into place as a way to govern/control the people. Every village has a large Orthodox church that was placed during the communist days. The church is rich in "tradition" and the basis of the teaching is works based. We focus on "relationship" with Jesus, not religion. Our mission statement is also our life statement—making purposeful relationships to share JESUS!

Sintelec

Our village, Sintelec, Romania has approximately 165 Romanian & Roma (gypsy) families. It is very safe. You can go on walks, jog or climb up on a nearby hill to read your bible, worship & spend time with God during free time. The villagers are very friendly and love to try to talk to Americans.

Sintelec is a poor village; as is common in most rural areas of Romania. Most people live on about \$90-\$150.00 USD monthly. Most do not have indoor plumbing or running water. All make gardens, have a few animals and live off the land.

Animals are all over so bring allergy medicine if you are allergic.

During the summer, it is usually warm in June and hot in July and August (90-100). Sometimes it can be rainy in June. The sun rises around 5:00 a.m. and sets around 10:30 p.m. giving opportunity to accomplish many things.

The winter months of December-February usually has an average temprature of 28-30 degrees farenheit.

Spring and fall have mild temperatures during the day with cool nights.



Accommodations

God has blessed us with the Discipleship Center referred to as the "D.C." which is used for a variety of ministries. It houses the After School Program, Sunday Worship Service, and Piranda. In the summer it houses Mission Trips. It is a 3 story building with a fully equipped kitchen. All meals are provided for your mission trip.

Floor 1: Dining room, Kitchen, 2 bathrooms.

Floor 2: Girls Dorm; Bunk beds in open dorm style, 3 showers and 3 toilets.

Floor 3: Boys Dorm; Bunk beds in open dorm style, 3 showers and 3 toilets

On our property we have a snack shop for sodas, candy bars, chips, and much more for a small price.

We have a camp fire area for singing, sharing and worship times.

We have a sports complex:

- Basketball court—Concrete
- Soccer field- will be turf this summer
- Sand volley ball court
- Playground
- Farm & Garden Project
- Covered terrace for activities

Conditions

You will be comfortable and safe. Although you may miss some of the modern conveniences you have grown accustomed to, you will be comfortable. We do not have air conditioning, but neither do 99.9% of the people in Romania. We do have a wood heat system for winter and it is adequate. You will have to dress in layers in the winter/spring months. We do have showers in the city, but not in the villages. The water system is a "privilege" not always a guarantee. There may be a morning that the water is turned off in the city.

Just come with an open mind and heart to serve and ask yourself; "Can I be a little uncomfortable for a week or two to reach others who live in worse conditions everyday of their lives??? Bring a good attitude and a "go with the flow", make the best of it--mindset and you will have the time of your life!!! ...FOR HIS GLORY!



Snack Shop



INFORMATION

FOOD & SLEEPING

- Many Romanians feel fortunate to eat 1 meal a day. We try not to be wasteful with food. We will have mostly American style food and a little Romanian food 3 times a day. You are welcome to bring snacks.
- Bedding, towels, and toilet paper are provided.
- Don't forget ear plugs if you struggle sleeping with noise and snoring.
- WE are on 220 volts and you have 110, SO DO NOT PLUG anything in without asking us first! We have hairdryers.



COMMUNICATION

- In the case of an emergency, please call Aaron Bruski's cell phone directly at 01140762241934,
- Phone: You may have an app that allows you to make calls, but sometimes there is not a good signal.
- There is very limited internet.



MONEY

- DO NOT EXCHANGE your money at the airport! The rates are very poor!!
- If you are a group that needs to stay in Budapest to wait for another group, our driver will take you to a near by shopping center and allow you to exchange money there and get something to eat.
- *If you want to use your credit card, be sure to contact your company to notify them of your out of country travel.
- We take American money at the snack shop.



PHOTOS

- Pictures are welcomed in any village, but please be sensitive. Ask before taking photos and we ask that you print pictures to give to the children and families that are photographed.
- Also, due to STRICT regulations—NO photos are allowed in Government run facilities. We will let you know when you can and cannot photo.

WHO IS BELIEF IN MOTION? THE BRUSKI FAMILY



Aaron and Robin Bruski grew up in Michigan before moving to Georgia to start their family. In 2003, Aaron was the children's pastor at First Baptist Loganville and Robin was a successful appraiser. Their five children between the ages of 5 to 15 were all involved in a variety of extra-curricular activities. Many may say they were living the American dream. However, after an extravagant Christmas with lots of gifts, they were convicted that something needed to change.

The Bruski family came to Romania in 2004 in lieu of the "traditional Christmas." The things they saw, the people they met, and the needs they encountered changed their lives forever. They were only in Romania eight days, but God really broke and opened their hearts to Romania. They returned to America thinking life would go back to "normal," but it did not. They could not forget the faces, the poverty and the hopelessness they had seen. Their daughters would write letters daily while in school, "Dear Mom & Dad, I can't stop thinking about the babies in Romania. Can we please move there?" They began to pray as a family and after much discussion, fasting and prayer, they moved to Romania exactly one year after their first visit.

Belief in Motion is a nonprofit, tax-exempt, publicly supported organization under Sections 501(c)(3) of the IRS Code and is incorporated and registered in Georgia.

It has been said that "living a passionate life for Christ is putting your belief in motion." Belief in Motion began in 2006 and became a non-profit in America in 2007.

Belief in Motion began as a non-profit in Romania as Project 127 in 2007. Project 127 is based on James 1:27.

Religion that is pure and undefiled before God, the Father, is this: to visit orphans and widows in their affliction, and to keep oneself unstained from the world.

OUR TEAM



(l-r) Anca, Angela, Ruth, Stella, Attila, Robin & Aaron Bruski, Matei, Sorina, Dina, Ani, Gabi

Co-Missionary Roberson Family
Kalep & Ashley (Bruski)
Casiana, Jacob, Aiden, Addie



We love our team, and so will you! Our workers are NOT rich. They live in small homes - apartments and have good salaries for Romania, but not in comparison to Americans. (take your salary, divide it by 2 and then take a zero off and you have an idea of what they live on.) In the village where we work, most people live on less than \$100.00 per MONTH.

Please keep this in mind and be sensitive to this. For example, one summer, our water kept being turned off and on at random times. It was difficult to take showers and many were commenting/complaining about not having access to showers. One of our Romanian co-workers said, "I don't know why they complain so much, I go home everyday, after long days of construction and I don't even have running water in my house." Just be sensitive... and remember to be a blessing!

Also, some workers speak English, and many understand English. They love candy, tools, lotion, etc. from the U.S..



Meet our Parents

They live in the two homes on our Ministry Complex

Dan & Ani -Patrick

Dan & Dana - Rebeka, Luca & Nathaniel

TENTATIVE SCHEDULE

This is a very rough guideline. Please remember to be FLEXIBLE. There are many things that come up and we follow the Holy Spirit's leading. Average length of stay is 7-14 days.

7:00-8:00 am

Personal quiet time, breakfast

8:30 am

Meet for group Bible study,
sandwich making, packing, etc.

10:00 am

Ministry

7:00 pm

Dinner

8:00 p.m

Free time

9:00 pm

Group reflection led by Team Leader

11:00 p.m.

Lights Out

For those wanting to stay an additional week:

- \$300 Additional Fee
- Please email bruskiromania@msn.com of desire to stay an additional week.
- The second week may be different than the first, "traditional" week depending upon the ministry needs.

Those desiring to stay more than 2 weeks, must complete an application. Internships are available.

BIBLE STUDY

We will begin our time together as a group in the morning studying a passage from the Bible together.

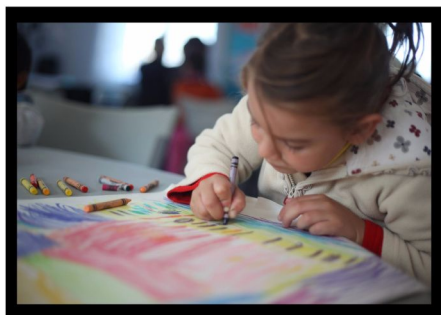
Please bring your Bible and journal to be ready to study.



WHAT IS THE MINISTRY OF BIM?



Evangelizing



Educating



Establishing



Empowering



Encompassing



Embracing

The GOSPEL changes EVERYTHING!

KIDS' CLUB

Each week during the summer will have an assigned, specific bible passage/bible character to teach. You will be responsible for teaching time, crafts, games and we will provide support and translation. Once we have all the groups set, we will let you know your teaching schedule.



Please bring all the needed supplies for your kids' club. Please be prepared for some programs in the middle of a field with no electricity or water.

KIDS' CLUBS

Taking God's Word to the
unreached and least of these...



Kids' Clubs are the perfect way to introduce ourselves to the children and nearby villages. Mission Trips are integral part of this as more children are able to be shown the love of Jesus.



Each group will be sent a video of songs to learn. Please plan on one or two people to help lead songs.



Each group will be sent a video of a Bible verse to learn. Please plan on one or two people to help lead the memory verses.



Please plan on one or two people to help lead a variety of games and bring the needed supplies for groups ranging from 5-50

SINGING & LESSON STATION



Each group will be sent a Bible topic to teach. Please prepare a lesson to teach. Skits with as little words as possible work well.



Please plan on one or two people to lead a craft to go along with the lesson. You will need to bring the supplies for at least 250 children.

MEMORY VERSE & CRAFT STATION

GAMES & SNACK STATION



Please bring a small snack for at least 250 children.



Elderly & Shut-In Visits

We will visit multiple elderly. Please be prepared to sing songs to them, ask them questions, and 1 or 2 people ready to share a testimony or short devotional around a bible verse or passage. Feel free to bring them small hygiene packages.





Roma - Gypsy Villages

On the outskirts of every Romanian village, lies a few small houses that are usually made of mud bricks with no running water or electricity. It is in these houses that the discriminated against Roma people live, often referred to as Gypsies. Society tells them that they are the outcasts, but we are thankful we are thankful that the Gospel is for all.



We are thankful for the opportunity to bring the Gospel to all people in Romania and most of our ministries have Romanian and Roma present. Please pray for the Gospel to unify.





Other Ministry Opportunities

Belief in Motion's goal is to be intentional in all that we do to share the Gospel. There are many ministry opportunities - construction, food delivery, sports evangelism, etc. Please know that in our efforts to be intentional with those that God has brought in our lives, our schedule and ministry focus may change to better reach those that He has put in our paths. Please join us in praying for this summer and the ministry that God has prepared for us. Please be flexible with any changes that may arise.

FUNDING

Cost

Approximate Cost of Mission Trip \$2,400 approximately

The cost of the mission trip varies depending on the airfare. The mission trip fee is \$777.00 which includes lodging, food and international van transportation and local transportation. Any excess is reinvested into the ministry and is used for salaries and supplies incurred throughout the year. Staying an additional week is \$300.

Please bring money for any additional spending you may want to do. We have a snack shop with snacks and Piranda products made in Romania.

Additional Option- Pizza in City. If your group decides to go to restaurant in Oradea, it is \$10.00 - \$12.00 per person

Includes

- Airfare (varies)
- Lodging
- Food
- Travel

If you are traveling with a group, your "team leader" will collect your deposit and turn it into your church and they will mail ONE CHECK for the total deposits.

Timeline

6 Months Prior

- \$250 Non-refundable deposit to reserve airfare and dates

3 Months Prior

- \$1,150 payment due

1 Month Prior

- Full amount to be paid

Please write, "mission trip" along with your name on check payments to Belief In Motion, P.O. Box 2013, Loganville, GA 30052.

Fundraising Ideas

We trust that God will provide for those He wants here as you pray and seek His guidance. There are a lot of ideas for fundraising ideas if you search online. We have listed some ideas below. The possibilities are endless as you get creative and brainstorm together as a team.

Begin now saving your extra money and cutting back on the extras to put toward your trip.

Send out support letters to family and friends. Write personal letters explaining how the Lord has called you to Romania for a mission trip, your opportunities to serve and the opportunity for them to be a vital part in sending you.

- Car Wash
- Bake Sale
- Golf Tournament
- 5K
- Parent's Night Out
- Flower Fundraiser
- Family Movie Night

- Check with local restaurants for a Restaurant night
- Christmas Wrap Donations
- Auction / Yard Sale
- Host a concert
- Paint Nights for a Cause
- Use your gifts and talents

DISCIPLE MAKING
is not a call for others
to come to us, but a
command for us to
GO to others to share
the Gospel.

- David Platt -



TRAVEL

AIRFARE

We will give you a total price for the mission trip, including airfare, van transportation, to and from the airport in Budapest, lodging and food. Please email missiontrips@beliefinmotion.org with your list of committed “trippers” so that we can purchase tickets ASAP. Remember, Airline tickets are NONREFUNDABLE. All arrivals must be Saturday afternoon.



VAN/BUS RIDE

A bus will take you from the Budapest Airport, 4 hours, to Sintelec, Romania where you will stay. Your bus fee is included in your total fee. Gas is expensive so we try to coordinate groups as much as possible.



LUGGAGE

- Please check with your airline regarding specific luggage guidelines. Most people coming pack reserve at least one bag for ministry supplies.
- If you get to Budapest and your luggage does not, you will need to fill out a form at the customer care counter in the baggage claim. You will need the color of your bag and your baggage number from airlines. Use this address to have luggage delivered. Aaron Bruski, 58/59 Sintelec, Comuna Hidiselu de Sus, Bihor, 417278; Phone: 40- 0762241934
- Pack your carry on with this in mind.



IMPORTANT DOCUMENTS

- You will need a passport, which may obtain a passport from: http://travel.state.gov/passport/passport_1738.html. You do not need a visa for a short term trip. Please, file for

DON'T FORGET



Everyone needs to bring their Bible and a water bottle to use all week. Hand sanitizer, sunscreen and bug spray are also recommended.

Please bring enough candy, crafts, game supplies, etc. for everything you need to use for the week along with extras to leave behind.



Please consider bringing donations to leave for those we minister to in Romania.

- New Children's Underwear & Socks
- Children & Adult medicines & vitamins (tylenol, ibuprofen, aleve, claritin, neosporin, etc.)
- Consider leaving behind your clothes and a good pair of tennis shoes to give away.
- Treasure Chest items to give away during our school program.



Please consider bringing these items that are not available for purchase in Romania.

- S'mores for campfire
- Bisquick and syrup for breakfast
- Peanut Butter
- Brown & Powdered Sugar
- Cake & Cookie Mixes





1. Welcome with Warmth and Communicate Joy: Immediately get on the children's level and look in their eyes. Extend a hand for a high-five or handshake. Please use hugs with caution as we are trying to teach healthy boundaries. Smile, let loose, and be silly. Exaggerate movements to act out a funny scenario. Laugh. Perform an outlandish feat like a cart-wheel.

2. Ask Questions: If a translator is present, ask the children simple questions about their favorite sport, food, color, or school class. Ask about their personal life with open-ended questions, like, "Tell me about your home, church, school, or family." Come equipped with basic sentences in their language, in the event that a translator is not present with you at the time. A basic phrase such as, "You like _____?" or, "You don't like _____?" can carry you far. Draw pictures or pantomime possible choices for answers.

3. Create Artwork Together: Use chalk, paint, crayons, ink pads, yarn, or any other medium that you have decided to bring. Sketch out the gospel message for the children to visualize. Create something that tells a story or is just simply beautiful. Consider creating a mural with the children, recycling trash into artwork, or teaching them a skill or craft that they can use to generate a small income after you have gone.

4. Play Together: Play a team sport together. Consider soccer first, as it is an all-time favorite and requires little equipment. We usually bring our own soccer balls to donate to the ministry. Goals can be marked off by tape or spray paint if no nets are available. Also consider playing with a parachute (also brought and donated) and playing a game of tag (with multiple variations). Games like rock/paper/scissors, hopscotch, and thumb wars can be played in pairs. In addition, have them teach you their games (either made up or cultural favorites). Play with the toys that they have created, whether it be a taped plastic bag ball, a soda bottle car, or a cloth doll. Recognize the creativity behind each of these toys!

5. Sing Together: Learn simple gospel songs in their language, especially active songs with movements included. Get kids up and involved with a high level of energy. Prior to going, ask your contact about specific kid favorites.

6. Be a Servant Leader: Work hard to serve God by serving the missionaries, the partnering organization, the ministry's children, and their families. Recognize needs and be responsive to meeting them on a long-term basis. Treat everyone with the utmost respect and love. Do not pity others, but hold them in high regard because Christ would.

7. Take Care of Yourself: Take care of yourself so that you are in the best condition to serve. Watch what you eat and drink and be attentive to how much sleep you are getting at night. As best as you can, eat what is served you, as a way to honor your hosts. However, your digestive system may have issues with the unfamiliar food or the way that it is prepared. Drink lots of water to prevent dehydration. Wear sunscreen in warm weather climates and re-apply continuously. Be attentive to other safety concerns like dangerous swimming areas, traveling at night, protecting your passport, wallet, or camera, being alone, etc

8. Look Beyond their Surroundings: In many parts of the world, what you may see will bring you to tears. Cry later. Do not make your focus their physical surroundings, but pay attention to their spiritual condition. I have learned valuable lessons from the wealth of poverty-stricken, Christ filled homes, brimming with hospitality. Learn from these local Christ followers how to praise God, how to trust Him to provide, and how to live a life of gratitude. Remember that families will be proud of their meager homes and they have worked hard to maintain them. Be proud with them. Instead of looking at their surroundings, focus on loving the families and bestowing dignity in them, as Jesus would.


9. Go to Learn. God always has more to teach us than we could ever teach others. Learn from the Word and through every victory, defeat, and bump in the road. Learn from each encounter with another. Learn from the missionaries, the partnering organizations, and/or the nationals doing the work of God in that place. Be flexible and change your agenda accordingly.

10. Trust in God: Let Him do the work that He intended through you and your team. Things may not always go as you had planned. Trust in His plan, whatever that may be. Remember that following Christ may not be safe and there will always be risks in following Him. But, we can be assured that He is good. What else can be done to minister to kids on the mission field? What recommendations would you add to relate to children of a different cultural background than yourself?

<http://ministry-to-children.com/cross-cultural-kids-ministry-10-recommendations/>

- Do not draw attention to yourself by being a "Loud American"
- Greet one another with a holy kiss, it's biblical and customary in RO
- Take shoes off when entering a home.
- Don't promise help to anyone, be careful what you are saying "yes" too. language barriers can be tricky!
- Don't wear lots of jewelry
- Don't give your camera to villagers- you may not get it back in the same condition
- Watch your facial gestures- people watch how you respond
- At the Discipleship Center, Don't waste food!!!!
- In villages, ask us before you eat with your new friends.
- Don't waste water
- Don't drink water unless we say it is okay to drink.
- when in doubt.. ASK us, we are here to help!
- WE DO NOT USE THE WORD "SPONSOR". It brings bad connotation. When meeting your sponsored child or family, we will refer to you as "Friend that helps and PRAYS for you" THANK YOU!



A close-up photograph of several hands clasped together in prayer. The hands are resting on an open Bible, which is visible in the background. The lighting is warm and soft, creating a sense of intimacy and spiritual connection. The text is overlaid on a semi-transparent dark rectangle in the center of the image.

God hold us to
that which
drew us first,
when the Cross
was the
attraction, and
we wanted
nothing else.

Amy
Carmichael

We cannot put enough emphasis on prayer. Please pray LOTS!